Dialysis stops avid traveller from going farther for trips abroad

Madam Tan needs to take 5kg of solution for each day she is away for peritoneal dialysis

Salma Khalik Senior Health Correspondent

She also has a heart problem, so transplant is an option unless her condition improves. The doctor at the hospital told her she had to keep her blood sugar in check and not go too fast. She also has a heart problem, so with PD as it preserves their kidney function for longer and has better survival rates.

She has been to Malaysia three times in the past year. As well as taking her dogs for a walk, she enjoys going to the beach, which she did one day in the past.

While PD allows her to eat and drink more freely than someone on haemodialysis, excess fluid and toxins are cleared from the body every day, it also means she needs to take 5kg of solution for each day she is away.

After a week, when the success wa ter in her body had been drained, her weight fell to 60kg.

More freedom with home dialysis

http://str.sg/dialysis2

Madam Tan replacing the peritoneal dialysis catheter at home. She opted for peritoneal dialysis when her kidneys stopped functioning.

For each day she is away, Madam Tan has to take 5kg of solution.

It involves putting the fluid into her abdominal cavity through a catheter that had been surgically planted and letting it draw out the toxins from the numerous blood vessels in the abdominal lining, thus during the night.

She does the dialysis overnight with the aid of a machine over an eight- to 10-hour period every day.

Doctors tell patients that they need to start with a week to a year to get used to their kidney function for longer and has better survival rates.

She was diagnosed with diabetes in her early 40s and had been seeing a private doctor to manage it. But her blood sugar levels kept going up in spite of the doctor instructing her to follow a low-salt diet.

Things were fine until the end of 2016, when she found that she could not even walk 100m without feeling breathless and tired. She also has a heart problem, so transplant is not an option unless her condition improves. The doctor at the hospital told her she had to keep her blood sugar in check and not go too fast.

On admission, she weighed 85kg. When she saw the doctor, he sent her to the polyclinic, which in turn called a specialist who told her to see a diabetologist.

“My world crashed,” she said. Being told that she was too weak in the early months, her husband, whom she married when she was 60, had to bathe her and care for her.

He told her he married her for better or worse, and that “this is life.” It is because of him, and her two dogs, which need to go on a leash, that she can hit the road on a trip, as long as she can take 10 portions of protein a day. While PD allows her to eat and drink more freely than someone on haemodialysis, excess fluid and toxins are cleared from the body every day, it also means she needs to take 5kg of solution for each day she is away.

In 2016, when she found that she could not even walk 100m without feeling breathless and tired. She also has a heart problem, so transplant is not an option unless her condition improves. The doctor at the hospital told her she had to keep her blood sugar in check and not go too fast.

Things were fine until the end of 2016, when she found that she could not even walk 100m without feeling breathless and tired. She also has a heart problem, so transplant is not an option unless her condition improves. The doctor at the hospital told her she had to keep her blood sugar in check and not go too fast.

On admission, she weighed 85kg. When she saw the doctor, he sent her to the polyclinic, which in turn called a specialist who told her to see a diabetologist.

“My world crashed,” she said. Being told that she was too weak in the early months, her husband, whom she married when she was 60, had to bathe her and care for her.

He told her he married her for better or worse, and that “this is life.” It is because of him, and her two dogs, which need to go on a leash, that she can hit the road on a trip, as long as she can take 10 portions of protein a day. While PD allows her to eat and drink more freely than someone on haemodialysis, excess fluid and toxins are cleared from the body every day, it also means she needs to take 5kg of solution for each day she is away.

In 2016, when she found that she could not even walk 100m without feeling breathless and tired. She also has a heart problem, so transplant is not an option unless her condition improves. The doctor at the hospital told her she had to keep her blood sugar in check and not go too fast.

Things were fine until the end of 2016, when she found that she could not even walk 100m without feeling breathless and tired. She also has a heart problem, so transplant is not an option unless her condition improves. The doctor at the hospital told her she had to keep her blood sugar in check and not go too fast.

On admission, she weighed 85kg. When she saw the doctor, he sent her to the polyclinic, which in turn called a specialist who told her to see a diabetologist.

“My world crashed,” she said. Being told that she was too weak in the early months, her husband, whom she married when she was 60, had to bathe her and care for her.

He told her he married her for better or worse, and that “this is life.” It is because of him, and her two dogs, which need to go on a leash, that she can hit the road on a trip, as long as she can take 10 portions of protein a day. While PD allows her to eat and drink more freely than someone on haemodialysis, excess fluid and toxins are cleared from the body every day, it also means she needs to take 5kg of solution for each day she is away.