More vegan choices sprouting up

Vegans and vegetarians have a wealth of travel and dining choices with more places catering to their preferences.

NEW YORK – November is World Vegan Month and it is also a time when many people are taking year-end holidays.

And with an increasing number of places catering to all types of vegans, there is a lot to celebrate.

Whether it’s for health, religious or environmental concerns, the vegan community is growing and businesses are responding in new ways.

Pinterest, for instance, has noted a near-200 per cent spike in searches for vegan food travel guides since last year.

“Dietary choices shouldn’t hold anyone back,” said Mr Neil Coletta, its head of insights.

“Vegetarian and vegan travellers, there is a lot to celebrate during Vegan Month and it is also a time to learn more about vegan valuations and trends,” said Matt Gan, general manager of World Vegan Food and Drink Festival, which takes place annually during World Vegan Month.

“Vegan travellers can now find vegan food and travel guides for people all over the world,” Mr Coletta said.

A new list of vegan-friendly restaurants, cafes and bars has been compiled, and a new vegan-themed travel guide has been released.

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Vegan food and travel guides are available for over 200 cities around the world, the list shows.

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